

Michael Chekhov Europe Training

Chekhov International Autumn School at SfSH Hamburg

International acting workshop

Building a Character: 'Me' is the Other

14 - 18 October 2020

Hamburg, Germany

with

Jesper Michelsen, Glad Theater Copenhagen, Denmark

Olivia Rüdinger, Schule für Schauspiel Hamburg, Germany

Ulrich Meyer-Horsch, artistic director SfSH and Michael Chekhov Europe e.V.

Guest teacher (online):

Jessica Cerullo, Michael Chekhov International Association (MICHA), USA

"All true artists bear within themselves a deeply rooted and often unconscious desire for transformation." (Michael Chekhov)

When children play games, we can observe this desire to transform and to change – they lose themselves in play and fully commit themselves to another world. The "Other" (i.e. the character in a play) is always bigger than the personal experience of the performer. Michael Chekhov therefore asks us to look at the differences between the character and ourselves rather than at the similarities. If we dive into the inner and outer world of this other person, we will discover a whole new world. We will find ourselves in a new light.

Breath and Movement of the Character

In this workshop we will explore the natural flow of our breath and how it creates bold characters through movement. Participants will experience the connection between inner images, natural breathing and emotional authenticity, and will learn how to create truthful characters in playful settings.

Please learn a short monologue from a selected play. The play will be announced approx. four weeks before the workshop starts.

Imaginary Body – Imaginary Centers – Organic Breathing – Centers of Thinking, Feeling, Willing – Objectives – Relationships – The Character's Breath – Transformation

Module 4 of the Michael Chekhov Europe Training Programme

BUILDING A CHARACTER: 'ME' IS THE OTHER
October 14-18, 2020
in Hamburg, Germany

GENERAL INFORMATION

Date: **Wednesday 14th – Sunday 18th of October, 2020**

Working hours: Wed: 5:00pm – 8:00pm
Thu-Sat: 10:15am – 5:00pm (incl. 75min. lunch break)
Sun: 10:15am – 2:00pm
+ Friday night we will watch a theatre show together

Working space: **Schule für Schauspiel Hamburg**
Oelkersallee 29a and 33, Hamburg
www.sfsh.de
Public transport:
S-Bahn: Holstenstrasse (10 min. walk)

Working language: English / Participants may act in their own language

Tuition fee:

€ 390,-- (application before September 15th, 2020)

€ 420,-- (application after September 15th, 2020)

Participants from non-EU countries may apply for a discount (only limited number).

Housing and food are not included.

We are happy to help you finding inexpensive accommodation (see below).

Connected to the workshop there will be a **training for teachers** who have completed all modules. It will be supervised by Ulrich Meyer-Horsch and Jesper Michelsen.

Note on COVID19:

Due to the current COVID19 situation, travelling from outside Europe may be difficult. However, at the moment there are no travel restrictions within the EU and most other European countries.

At our school we have established a strict hygiene plan to make sure you feel free in your artistic work. Our working spaces are big enough for physical work in a safe environment; and the number of participants is limited.

We will evaluate this situation again every week. In case of any changes we will inform you immediately. In the unlikely case that the workshop has to be cancelled by us, you will get back your full tuition fee.

FACULTY:

Jesper Michelsen

Director, Acting Coach and Artistic Director of Glad Teater, Copenhagen.

Originally trained as an actor, over the last 20 years Jesper has been working mostly as an acting coach, director, dramaturge and producer in many different projects. He holds a BA in theatre studies and pedagogy from the University of Copenhagen.

Jesper studied the MC Technique with MICHA (USA) and has been working with it in various workshops and programmes since 2003, teaching MC Technique alone or combined with Meisner- and other techniques. He is the co-founder of Glad Teater, a professional theatre and acting school for people with handicaps in Copenhagen. His special interest alongside training actors is the use of the body and the imagination in human development and creativity.

A founding member of Michael Chekhov Europe e.V., he has co-created MCE's educational curriculum which is taught in 15 countries in Europe and Asia.

Olivia Rüdinger

Acting coach, co-founder of Schule für Schauspiel Hamburg (SfSH)

Olivia Ruedinger, US-Citizen, has been a highly recognized acting coach in Germany for more than thirty years. She received her bachelors degree in speech and dramatics from the University of Minnesota. Later, she studied modern dance and dance pedagogy at the Lola Rogge School in Hamburg and became a member of the faculty, teaching modern dance and improvisation. For the next 8 years she studied Reichian breathing technique and body work.

During this time she directed and performed in the dance theatre company "Winter auf Mallorca". 1987 she founded together with her partner Michaela Uhlig the drama school "Schule für Schauspiel Hamburg" (SfSH), and has served as its artistic director for 32 years. After passing on this responsibility to Ulrich Meyer-Horsch, she is now continuing teaching breath, improvisation and organic movement at the school.

Ulrich Meyer-Horsch

Artistic director of Schule für Schauspiel Hamburg and co-founder of Michael Chekhov Europe e.V.

Ulrich Meyer-Horsch has been acting and directing in German state and regional theatres for twenty-five years: Theater Kiel, Theater Lübeck, Deutsches Schauspielhaus Hamburg, Schauspiel Frankfurt, Kampnagel Hamburg, Altonaer Theater, Komödie Düsseldorf, Maxim Gorki Theater Berlin, among others. He has worked with Simon McBurney and Complicite, Augusto Boal and Yoshi Oida. As an award winning theatre director he is known for his playful productions of the works of Bertolt Brecht and Anton Chekhov. Until 2015 he was the associate artistic director of Kreuzgangspiele Feuchtwangen, one of Germany's biggest summer theatres.

Ulrich Meyer-Horsch holds a degree in Acting from Schule für Schauspiel (SfSH) and diplomas in Theology, Philosophy and Theatre Pedagogy from the universities of Heidelberg, Hamburg, and London (King's College). He studied with Michael Chekhov's former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin as well as with master teachers from Russia. In his approach to the Chekhov Technique he incorporates the exploration of children's games and work with masks. Since 1994 he has been teaching throughout Europe, Russia, Armenia, the Middle East, Brazil, Uruguay, the US, Japan, Singapore, Taiwan and Indonesia. He is a guest lecturer at Yeditepe University, Istanbul, Turkey, and a member of the international faculty of the Michael Chekhov Association (MICHA), New York. Since January 2020, he is the new artistic director of Schule für Schauspiel Hamburg (SfSH), together with Jan Oberndorff and Katharina Jann.

GUEST TEACHER (ONLINE):

Jessica Cerullo

Artistic director, Michael Chekhov International Association (MICHA), New York, USA

Jessica Cerullo is a performer and teacher. Her creative work is often socially or civically engaged. In partnership with Joanna Merlin, she has worked with MICHA since its founding in 1999; first as Managing Director and currently in the role of Artistic Director. Jessica's current research focuses on the embodied voice. Her original performance work has been produced by Performance Space 122, Brooklyn Arts Exchange, Seattle's Studio Current and The Tin Shop. In 2016, she collaborated with Sojourn Theatre to write and direct a bi-lingual, Eastern Washington based, production of their play, *How to End Poverty in 90 Minutes (with 99 people you may or may not know)*.

Mrs Cerullo is the editor of the expanded edition of *Michael Chekhov's Lessons for Teachers, Michael Chekhov: Critical Issues, Reflections, Dreams* and the English translation of Chekhov's original story *A Tale About Lies and How Swiftly They Spread Across the Earth*. Together with Fern Sloan, she wrote the *MICHA Workbook* to assist those practically studying the Chekhov technique. Mrs Cerullo trained at MICHA and at the Moscow Art Theater. She earned her MFA in contemporary performance from Naropa University.

CONTACT

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+49 40 4302050

www.sfsh.de/chekhov-international

MCE Training:

www.michaelchekhov.eu // www.michaelchekhoveurope.eu

Facebook:

Schule für Schauspiel Hamburg

Michael Chekhov Europe Training // Michael Chekhov Europe Friends

Instagram:

[sfsh_schauspielschule](https://www.instagram.com/sfsh_schauspielschule) // [michaelchekhoveurope](https://www.instagram.com/michaelchekhoveurope)

HOW TO GET TO HAMBURG

By train and bus:

There are very good train connections from most European cities: www.bahn.de
You can reach the city also easily by bus (e.g. Flixbus).

By plane:

www.hamburg-airport.de

From Hamburg Airport you take the S-Bahn to get to Hauptbahnhof (main station) or Holstenstrasse or Bahnhof Altona.

How to get to Schule für Schauspiel (SfSH):

From the airport or from Hauptbahnhof (main station) you take the S-Bahn to Holstenstrasse (S11, S21, S31). From there it is a 10 min. walk to Oelkersallee 29a and 33.

Check city map on: www.sfsh.de/service/anfahrt

THE CITY

www.hamburg-tourism.de

www.hamburg.de

www.hafen-hamburg.de

ACCOMMODATION

Hostel:

www.schanzenstern.de

www.instantsleep.de

www.meininger-hotels.com/en/hotels/hamburg

www.hostels.com/hamburg

Hotel:

www.hamburg-tourism.de

www.hamburg.de

www.Hotelreservierung.de/Hamburg

Also have a look at:

www.airbnb.de

www.booking.com

Please note that the school cannot organize your accommodation. However, we are happy to send you a list of affordable places close to the school. Please feel free to ask if you need further help.

There are many cafes, restaurants and shops in the area. You can pay in Euro, credit card and V-pay (maestro/girocard). Smaller places will accept only cash.

LUNCH at the school

The school has a nice little Café: Cantina 33. Apart from snacks and drinks, you can buy delicious and inexpensive lunch in the cafe. We recommend everybody to stay there in the lunch breaks.

HOW TO APPLY

Please fill in the application form (see last page)

and send it to:

Michael Chekhov Europe Training

c/o Schule für Schauspiel Hamburg

Ulrich Meyer-Horsch

Oelkersallee 29a

22769 Hamburg, Germany

or email it as PDF to: chekhov@sfsh.de

Please make your payment to:

Michael Chekhov Europe e.V.

(Address: Eisenbahnstrasse 21, D-10997 Berlin)

Bank: **Landesbank Berlin - Berliner Sparkasse**

IBAN: DE70100500000190265264

BIC: BELADEBXXX

mentioning **'Hamburg October 2020'**

Applications will be registered once the application form has been returned and the workshop fee is paid. Your place will be confirmed by email as soon as possible thereafter. Your application is definite and irrevocable. The fee is non-refundable, unless someone else fills your place (for example from the waiting list). In that case there will be an administrative charge of € 50,--.

Ca.10 days before the workshop you will be sent further details concerning practical matters. You will be given a receipt of your payment upon arrival.

The organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space.

COVID19

At our school we follow a strict hygiene plan to make sure you feel free in your artistic work. Our working spaces are big enough for physical work in a safe environment; and the number of participants is limited. We will evaluate this situation again every week. In the unlikely case that the workshop has to be cancelled by us, you will get back your full tuition fee.

All details are subject to change.

APPLICATION FORM
BUILDING A CHARACTER: 'ME' IS THE OTHER
Michael Chekhov International Workshop, October 2020

Name: Age:

Address:

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City: Postal code:

Country:

Phone: Mobile:

E-mail:

Education / artistic experience:

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Experience in the Michael Chekhov Technique:

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I wish to register for the

**BUILDING A CHARACTER: 'ME' IS THE OTHER - Michael Chekhov International Workshop,
14-18 October 2020 at SfSH Hamburg, Germany**

I shall pay **€ 420,--** (application after September 15th) / **€ 390,--** (application before September 15th)
to the following account (with my name on it):

Michael Chekhov Europe e.V., Eisenbahnstrasse 21, D-10997 Berlin

Bank: Landesbank Berlin - Berliner Sparkasse

Account number: IBAN: DE70100500000190265264 / BIC: BELADEVB33XXX

Mentioning 'Hamburg October 2020'

I know that the organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space. I accept that I have to take care of my own insurances, because the organizers will not insure participants.

I wish to receive accommodation assistance. I do not need accommodation assistance.
(please tick!)

Date: Signature:

*Please send this form to: Schule für Schauspiel Hamburg, Ulrich Meyer-Horsch, Oelckersallee 29a,
22769 Hamburg, Germany, – or mail it signed to chekhov@sfsh.de*